



Falconridge/Castleridge Community News

SPRING 2021



COVID-19 INFORMATION

HELP PREVENT THE SPREAD

Prevention starts with awareness. Be informed on how you can protect yourself and others from novel coronavirus:

- Self-isolate if you're feeling sick
- Wash your hands frequently
- Cover coughs and sneezes
- Avoid touching your face

Concerns about your health?
Call Health Link 811.

alberta.ca/covid19



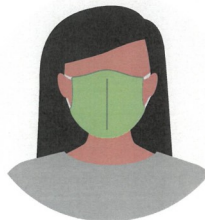
Calgary



Face covering REQUIRED

All persons must wear a face covering in indoor public premises and in public vehicles.

The City of Calgary Bylaw 26M2020



Exceptions include children under two years of age, or persons with an underlying medical condition or disability which inhibits their ability to wear a face covering.

Visit calgary.ca/covid19 for more information.

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Facebook: Falconridge Castleridge Community Association

Address: 95 Falshire Drive N.E. Phone: 403-280-4422

WEB-SITE: falconridgecastleridge.ca

President's Report

Hello residents!! Not much is happening at FCCA as we are following restrictions and guidelines due to COVID-19. We do have summer activities planned as you will see on other pages. Our Community Clean-up will be held on September 18th as planned. There are ongoing clean-ups in other areas as well. You can check Calgary.ca for more details. Our children's programs are still operating under COVID rules and in fact we are extending our pre-school by six weeks into the summer months.

I want to encourage everyone to stay safe. Get vaccinated, wear masks, and stay home as much as possible. Support local restaurants and businesses in whatever way you can. *Mark Langlois*— FCCA President

This summer, leave grass clippings on the lawn

There's nothing like the sound of a lawnmower to indicate the change of season! As we transition to summer, leaving grass clippings on the lawn is one way to make this seasonal practice easier for you and beneficial for your lawn.

Leaving grass clippings on the lawn, otherwise known as grass mulching, is the natural way of breaking down grass. Grass clippings are about 80-85% water and quickly break down, returning nutrients and moisture to the soil. Leaving clippings on the lawn can actually produce a healthier looking lawn.

Try these tips for how to leave grass clippings on the lawn:

- Cut when the surface is dry
- Keep mower blades sharp
- Follow the 1/3 rule: mow your lawn often enough that no more than 1/3 of your grass is cut. You may need to raise the height of your mower.
- You can use any mower: push, electric or gas. Using your existing mower, remove the bag and leave the clippings on the lawn.



To learn more visit calgary.ca/grassclippings

FCCA COMMUNITY CLEAN UP DAY IS SATURDAY, SEPTEMBER 18TH.

There will be trucks for trash, furniture, appliances and electronics, as well as recyclables. Special COVID protocols will be in place this year to ensure everyone's safety. If you can't wait, check other available clean up locations on Calgary.ca/cleanup. STAY SAFE!!

May 9- Mother's Day

May 17- Victoria Day

June 20- First Day Of Summer

June 20- Father's Day

June 21- Neighbour Day (Calgary)

July 1- Canada Day

August 3- Heritage Day

September 7- Labour Day

September 18- Community Clean-up





Spend the Summer with Us !!!

Starting May 17, we will be having a monthly activity in Falconridge and Castleridge for May, June, July and August . There will be four activities in total.

There will be prizes awarded at the end of August . Be sure to follow our Facebook page [Falconridge Castleridge Community Association](#), where updates will be posted. These events are family oriented and COVID19 safe. To participate in the prizes, you must register by email: Fccasummercontests2021@gmail.com

If you have no email available, you may register at the Community Centre
95 Falshire Drive NE Phone: 403-280-4422

Here are the dates for the individual activities

Chalk-the-block: May 17-31, 2021

Fill your block from one corner to the next with colourful art. All ages welcome!

What did you do in 2020?: June 14-28,2021

We all had challenges last year, but we also learned how to make bread, knit, paint, have family game night etc. Draw or take a picture of what you did last year at home. A representative collection will be framed and hung in the Community Centre.

Door Decorating : July 5-19, 2021

The theme is summer. This includes any summer activity. Camping, fishing, enjoying a sunset ,barbecuing, Stampeding, or whatever your family does in the summer. For those needing help with supplies a small gift card will be available to get supplies.

Quest for the Lost Treasures of Falconridge! August 5-19

This is a scavenger hunt of Falconridge, It was created by a Falconridge resident. A fun walking activity to help get you out on a nice evening. Please have masks available should you come across other hunters! We suggest that you use a mobile device, but if you cannot, we will have some printed copies at the Community Centre
Let's have some good old family fun this summer!!

FCCA Board Of Directors for 2020/2021

President– Mark Langlois
Vice President– Dhruv Sharma
Treasurer– Rajinder Sidhu
Secretary– Vacant
Directors- Stephanie Graves-Beckman
Christopher Cote'
Mike Heath
Dave Hewlett
Jasleen Mutti
Jasmine Singh

FCCA Staff - 403-280-4422

General Manager - Lee Pederson fccamgr@telus.net
Bookkeeper - Helen Powers fccabk@telus.net
Hall Rentals/Admin - Anita Warriner fccainfo@telus.net
Children's Program Mgr- Natalie Cuthbert fccacpm@telus.net
Preschool Teacher – Mandy Atwal
Buzz Club Staff – Indu, Jasmine, Rajinder, Sandeep, Sandy
Maintenance – Wendell Kupila
Janitor – Juan Ramierez
Event Staff– Mark, Pat, Ronald, Serena L., Serena R. ,
Sheenah, Umair, Zack

***Deadline for submissions to
next Newsletter is June 11, 2020***



FCCA PRESCHOOL

**Now Accepting Registrations For
Summer Classes**

July 6th to August 12



2 - Day Classes

- ◆ PURPLE CLASS 9am - 11am
 - ◆ ORANGE CLASS: 12pm - 2pm
- July 6th to August 12

All classes are based on COVID restrictions and registration numbers

**CALL FOR MORE INFO!
403-280-4422**

MISSION STATEMENT

"Our mission is to be one-of-a-kind, to inspire, to challenge, to teach, to learn, to make a difference in the lives we touch."

All children must be at least 3 years old and TOILET TRAINED to attend these classes.



**BEFORE & AFTER
SCHOOL CARE**



club

**Call For Info
403-280-4422**



Ages: Kindergarten to Grade 6

Sessions are
year-round, including Summer Programs.
We provide breakfast, as well as after
school snacks



We are fully licenced under the Alberta Children & Youth Services Child Care Licensing Act.

Hall Rentals

Due to current restrictions on social events our halls are only available for religious services and prayers at 15% of capacity. Small funerals and wedding ceremonies can be held with very limited restrictions and no food can be served or consumed. As restrictions are softened, we will update our Facebook page and website. We can take your future bookings and reserve the space, but no guarantees are given that the event will be allowed to be held.

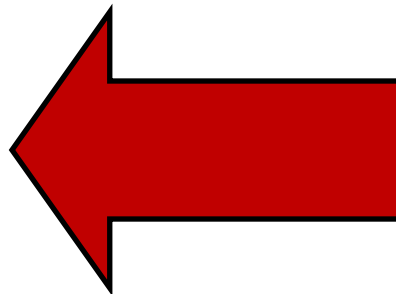


Walsh Hall



Langlois Hall

***Smaller
meeting
rooms also
available***



***OFFICE NOW AVAILABLE FOR RENT
MONTHLY RATES AVAILABLE
BUILT IN SINK AND CUPBOARD
PUBLIC WASHROOMS IN HALLWAY
FURNISHED OR UNFURNISHED
PHONE AND INTERNET READY***

For Rental information call FCCA

Office Monday to Friday 9:00 am to 4:00 pm

403-280-4422 email: fccainfo@telus.net

After restrictions are lifted bartenders, set-up or cleanup, and corkage packages will be available as well as podium, audio visual rentals, portable stage & coffee urns. Hourly and day rates are also available.



Senior's Corner



Falconridge/Castleridge Community Association

ALL SENIORS WELCOME

Games + Bus Tours + Potlucks N' more

MONDAYS 1 to 3 PM

(Closed Stat holidays)

**95 Falshire Drive N.E.
FCCA Office 403-280-4422**

Happy spring!!

Our FCCA 55+ Social Club is still operating behind the scenes!

While not being able to come together as we like to, we are staying connected by emails & phone calls. When weather permits, we hope to have gatherings at the park, following AHS guidelines.

One thing we can count on is the changing of seasons. Spring is here!! It's a time to welcome new life. Fresh ideas, a new perspective, and perhaps hope for a brighter future.

If you are a senior who would benefit from staying connected with a senior group, please feel free to reach out.

Call the FCCA office @ 403-280-4422 and they will pass on your contact information to me. Meanwhile, stay well!

Cher



**Brand New
Post! Now
on the blog**

Did you know we have a blog?

Head over to <https://www.nefcs.ca/blog/>
to see what our staff have been writing about!!

**FREE CLOTHING DAYS -
APPOINTMENT REQUIRED**

MAY 12TH & 13TH - 4PM TO 8PM

JUNE 16TH & 17TH - 4PM TO 8PM

JULY 14TH & 15TH - 4PM TO 8PM

email Lou at lepartin@gmail.com
to book your appointment or for
more information



95 FALSHIRE DRIVE NE.
IN THE FALCONRIDGE/CASTLERIDGE
COMMUNITY CENTRE

Messages from Calgary Police Services

CERB Identity Theft

Identity fraud has been increasing yearly, and the forced transition to online activities during the pandemic has accelerated this trend. The Canada Emergency Response Benefit (CERB) program has proved to be an attractive target for identity fraudsters

CERB came into effect at the start of the COVID-19 pandemic in 2020. This program offered emergency financial assistance to employed and self-employed Canadians who were directly impacted by the pandemic.

CERB offered eligible Canadians an initial sum of \$2,000 for a four-week period, with subsequent claims being available.

It was intended to be administered quickly to Canadians in need of funds to address the financial impacts of COVID-19. As such, the program was launched quickly, and eligibility requirements were minimal. Many victims learned CERB applications have been made in their names electronically from the Canada Revenue Agency, and we expect many more will be alerted when filing their 2020 taxes.

Calgary Police is dedicated to investigating these and other frauds. Please contact Calgary Police Service by calling 403-266-1234 to report any fraud you have been made a victim of. An initial report is needed with as much detail as you can provide.

NOTE: The government will never reach out to you by text or email. There are official ways to make payment. If someone attempts to claim they are from the federal government or from CRA, hang up. These agencies will not call you, all their correspondence will be done through the mail. If you suspect someone claims they are from the government or you are a victim of a scam, contact Canadian Anti-Fraud Centre 1-888-495-8501.

For more information on Frauds and scams go to Canada.ca

**Between March 6, 2020 and
March 31, 2021**

**Canadian reports of COVID-19
fraud:
17,005**

**Canadian victims of COVID-19
fraud:
15,198**

**Lost to COVID-19 fraud:
\$7.25 M**

Source: Canadian Anti-Fraud Centre

'Stolen plates are used by criminals'

"Every year, approximately 7,000 licence plates are stolen in Calgary," police said in a release. "These stolen plates are used by criminals in the commission of other crimes, such as auto theft, robberies and traffic violations. Thieves use the stolen plates to disguise a vehicle or to avoid detection by police."

To prevent licence plate theft, police advise:

- **Using secure screws to attach your plate to your vehicle.**
- **Parking in busy, well lit areas.**
- **Not backing into parking stalls.**
- **Parking with the rear licence plate visible to driving lanes.**
- **Checking your licence plate to ensure the correct plate is on your vehicle.**

If you do discover that your licence plate has been stolen, police ask that you report it as soon as possible by calling them at 403-266-1234.

Advertise

To advertise in Falconridge/Castleridge Community News

call 403-280-4422 or via email fccamgr@telus.net

**Moonlight
Drips
Painting
Inc.**



587-703-5136

OTHER ORGANIZATIONS OPERATING

WITHIN FCCA

1955 Army Cadets Supports Society
Alcoholics Anonymous
Bab-Ui Hawij Islam Centre Of Calgary
Canadian Blood Services
Girl Guides (Sparks)
Global Mission Fellowship Church
Impact Church
Opendoor Phillipino Church Of Calgary
RSS Radha Soami Society Church
SIEC Sufi Islamic Education Centre
Victory Tabernacle Centre
Zai Ul Islamic Society
For Contact information on these programs
call FCCA office
403-280-4422

**HEALTHHUB FOR
NEWCOMERS**



Health Matters! Wellness Matters! Diversity Matters!

HealthHub for Newcomers Phone Line
1-833-906-4357

DO YOU HAVE QUESTIONS ABOUT THE VACCINE?

We are a group of Internationally Trained Physicians who are available to answer your vaccine related questions in multiple languages.

Monday to Friday

Lunchtime: 12:00pm-1:00pm

Evenings: 6:00pm-7:00pm

Saturday

Morning: 10:00am-12:00pm

You can leave a message if you call outside of these hours

20 Languages:

Amharic, Arabic, Bengali, Bisaya, Cantonese, English, Farsi, Hindi, Gujrati, Malayalam, Mandarin, Pashto, Punjabi, Sinhala, Spanish, Somali, Tamil, Tagalog, Tigrinya, Urdu

If you or someone you know has tested positive for COVID-19 and you need support in your language, please contact

EDMONTON
COVID Emergency Hotline
1-833-738-7727

CALGARY
CENC / Multilingual Emergency
Response Centre
1-833-217-6614

Supports include food relief, financial supports, and counselling.

**The Calgary
Community Food Map**

Need free or low cost
food?

www.tinyurl.com/covidfoodyyc



Open your smart phone camera and hold it
over the QR code to visit the website

